

Tea Talk at St Mary's Church

Church St, Kidlington, OX5 2AZ

Sunday 8th February 2026 at 3pm

**Who am I really? Challenges and opportunities
of retirement.**

**Henrietta Batchelor, Retired Consultant
Psychotherapist**



Henrietta will explore the impact of retirement on individuals and their families. Letting go of employment can be liberating, but the loss of identity associated with work can produce uncertainties. She will address how people best adapt from 'what I do' to 'who I am'. Tea will be served after the talk.

Donations in aid of Church Funds

